

AURA<sup>o</sup>  
SPA



## KORRES TREATMENT MENU

Following our conscience  
and faithful to the KORRES  
brand's DNA on five pillars,  
for over 25 years we have been  
committed to working in harmony  
with nature to conserve  
our precious natural resources.  
Inspired by calm and wide seas,  
the Aegean winds,  
the blue and white,  
the simplicity of essential life  
and the harmony of natural beauty,  
KORRES innovations and patents,  
powerful extracts and pure  
raw materials are combined  
with signature massage techniques,  
specifically designed to offer  
a unique experience  
of Greek hospitality.



## SIGNATURE TREATMENTS

### **AURA Signature Massage**

This rhythmic body massage was created to restore your balance and re-align energy flow. A choice of aromatic oils is available to address diverse individual needs and help you achieve enhanced mind and body wellness.

**Duration: 60 min | €110    85 min | €150**

### **AURA Time Journey**

This is your time to release, relax and escape from everyday life, so reserve as much time as you like and allow us to be guided by your individual needs. We will then propose an exclusively personalized combination of treatments, tailor-made for you, using the botanical power of fruit and plant ingredients captured in KORRES products!

**Duration: 120 min | €200**

## MASSAGE TREATMENTS

### **Therapeutic Massage**

Especially recommended for anyone suffering from aches, pains and stiffness, this full-body massage will ease tense muscles and bring harmony to body and mind.

**Duration: 60 min | €110    70 min | €130**

### **Deep Tissue Massage**

Recharge your body and kick-start your circulation with this deep tissue massage.

The powerful detoxifying essential oils will help relieve muscle tension in specific areas of the body, either to release lactic acid build-up and muscle stiffness due to over-exertion in the gym, or to reduce fluid retention and improve poor circulation associated with cellulite conditions. It's an effective way to recondition your skin tone and feel free from aches and pains.

**Duration: 60 min | €130    85 min | €180**

### **AURA Stone Massage**

These unique and hand-carved stones dating back millions of years are used by the indigenous Australians as crystals for healing, combined with energy from the earth and sea. The heated stones are applied with essential oils to the body in ways that bring about tranquility and a more balanced flow of energy.

**Duration: 70 minutes | €120**

### **Head Massage**

Focusing on tension primarily in the back, neck, shoulders and head, this massage is designed to relieve deep-seated stress by combining specially blended massage oils chosen to suit your individual needs. An exotic mix of warmth, texture and aroma tempts the body into blissful relaxation.

**Duration 40 min | €70**

### **Foot Massage**

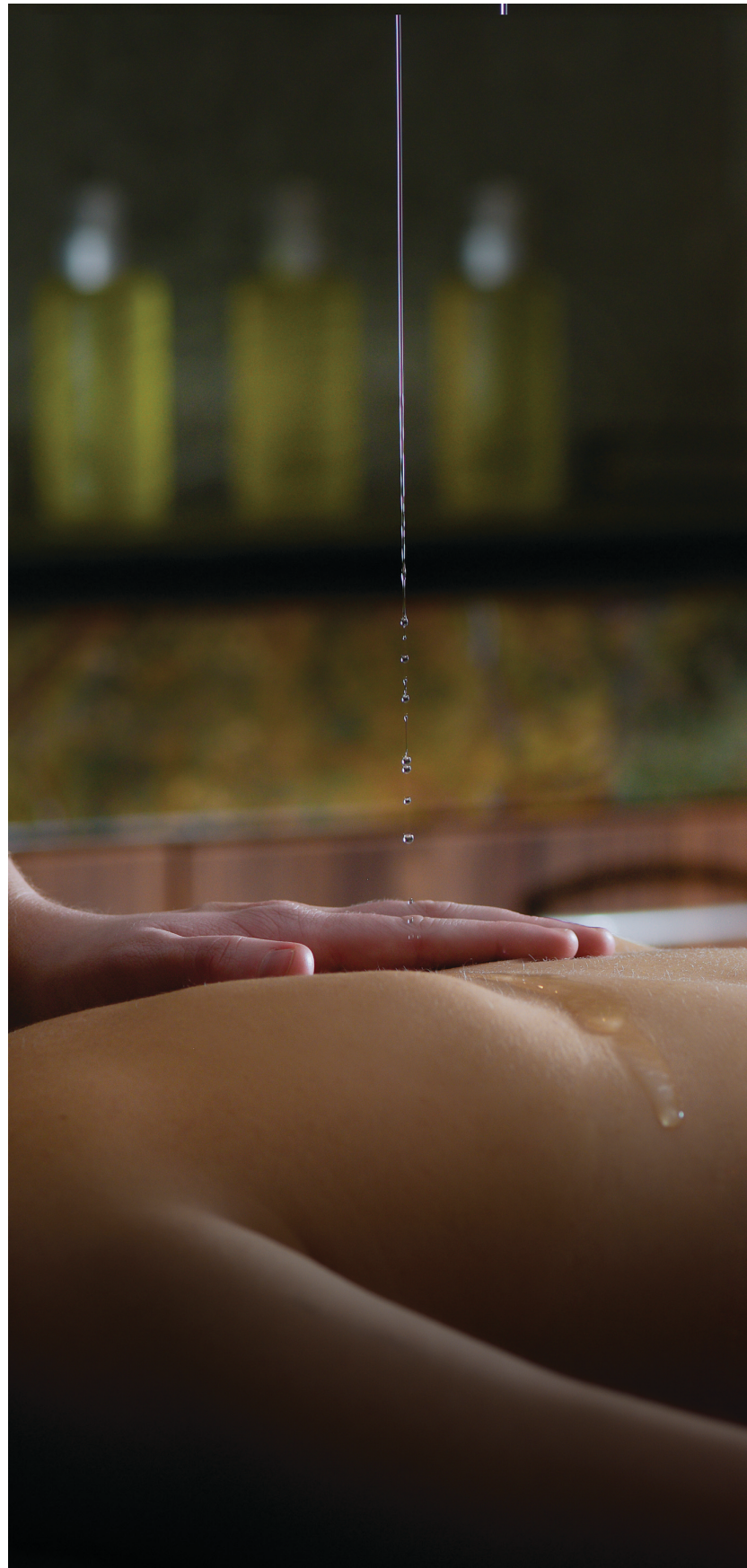
Using a combination of specific techniques, pressure points and stretching, this treatment improves flexibility, stimulates blood circulation and relieves pain in the feet. An effective and relaxing way to help rebalance your system and achieve a sense of wellness.

**Duration: 40 min | €70**

### **Back Massage**

Ideal for those who require focused attention on the back, this massage is designed to release tension in the back, shoulders and neck. Using a fusion of different techniques, your therapist will customize the strokes to ensure that you leave feeling supple and relaxed.

**Duration: 30 min | €55**



## AURA RITUAL JOURNEYS

### **Wild Rose Silk Emotions Ritual**

A trademark treatment that is synonymous with the KORRES brand's history, the Wild Rose ritual experience demonstrates significant repairing action against fine lines and pigmentation disorders. Powered by high-level vitamin Super C, linoleic and linolenic acid, which are known for their significant moisturizing, healing and softening properties, this complete body care treatment revitalizes the skin and counters the signs of fatigue. It deeply moisturizes the skin, smooths wrinkles and gives you a healthy and radiant look.

**Duration: 90 min | €160    120 min | €200**

### **Body Renewal**

A tailor-made complete experience of relaxation and wellness releases and calms both body and mind. Taking you step by step on a journey that taps into the great botanical power and aromas of KORRES unique products, this treatment is individually designed to detox, nourish and relieve any muscle tension. It starts with a healthy full-body scrub, followed by a cocooning wrap and ending with a soothing massage to leave you completely relaxed and rejuvenated.

**Duration: 120 min | €200**

**For the comfort, safety and undisturbed relaxation of all our guests, please respect the following guidelines at all times:**

### **General guidelines**

- AURA Spa is opened from 10:00 to 20:00 daily.

For spa enquiries or reservations please dial extension number 3015.

- Upon arrival and prior to using the facilities, all guests will be required to complete and sign a health & lifestyle, Medical, or Wellness questioner.
- AURA Spa and its environs are strictly NO SMOKING areas.
- To maximize the benefits of your AURA Spa experience, mobile phones are not allowed in the spa areas. Please leave them switched off in your room or locker.
- Please leave all valuables in your room safe box. AURA Spa is not liable for loss of or damage to a guest's personal belongings.
  - Please conduct all conversations at levels consistent with a relaxing spa environment.
    - Always shower before using pool sauna facilities. Robe and slippers should be worn in all spa areas.
- Swimwear is compulsory in the thermal and Hydro pool areas.
  - A towel should always be placed on sauna benches between your body and the bench.
  - In the gym and fitness areas, comfortable sportswear is recommended, and appropriate footwear is required.
  - Please do not add oils or other products to the sauna bucket water without first speaking to a member of staff.
- Ensure that you drink plenty of fluids to rehydrate after using the sauna.
  - Food & beverages are not permitted in the spa & fitness areas.
  - Please check in at the spa reception every time you enter the spa.
- Please Arrive at least 15 minutes before your spa appointment so that you have time to check in, change into your robe and slippers, and relax.
  - Bathrobes, Shower towels and slippers are placed in your lockers.
    - Please wait for your therapist on the waiting area, and arrive five minutes before the start of your session to enjoy it fully  
**LATE ARRIVAL WILL RESULT IN A SHORTENED OR AMENDED TREATMENT BEING OFFERED WITHOUT REFUND**
    - Underwear or suitable swimwear should be worn in the treatment room and during treatments. For some treatments your therapist will provide disposable undergarments, and suitable towel draping will be used at all times.
- During treatments, please let your therapist know if you are uncomfortable, too warm or too cold, or if her pressure is too light or too firm. Your comfort and care are our greatest concern and priority.
  - If you have a particular injury or physical condition, please advise your therapist. Appropriate adjustments to the treatment will be made for your comfort and enhanced benefit.
  - There is no pressure to talk during a treatment. If you have any questions or would like to talk, feel free to do so. If you prefer silence, that is entirely up to you.

### **Spa Tours**

Spa Tours are by appointment only.

### **Cancellation Policy**

Please note that cancellation notice is required for all bookings and services, otherwise 50% of the total treatment will be charged.

If you need to cancel or reschedule your appointment you are required to do it within 6pm of the previous day.

We hope you will enjoy this interlude of pampering and relaxation.

Your comments are always welcome.

t: +357 24333444  
e: hc56@accor.com